

# Stour Valley Half Marathon 2024



## Key:

**BL** - bear left

**BR** - bear right

**EB** - earth bridge

**EP** - enclosed path

**FB** - footbridge

**FC** - field corner

**EW** – Essex Way Marker

**FPS** - footpath or finger post sign  
(usually a tall one)

**FSD** - for some distance

**IMM** - immediate

**KG** - kissing gate

**L** - left

**LHFE** - left hand field edge

**R** - right

**RA** - roundabout

**ROAD** – TAKE CARE!

**SA** - straight ahead

**SVP** – Stour Valley Pathway Marker

**StEW** – St Edmunds Way Marker

**TL** - turn left.

**TR** - turn right.

**RHFE** - right hand field edge

**THRU** - through

**WM** - way marker sign

## **Mileages are approximate!**

Leave Nayland village hall field at **L FC, THRU** gate, track **TL**, becomes concrete road. At 'No Cycling' sign and white picket fence fencing, **TR**, river **FB**. **SA** on **EP**. **ROAD – CARE TL**, follow pavement. Road junc **X** road **TR** 'Gravel Hill'. Uphill, at fork **BL**, when **LH** hedge finishes, **TL (SVP) EP**. **1 mile**.

**SA EP, X** stile, **LHFE SA** through gate, **LHFE** to brow of hill hedge corner (**StEW**) on top of fence post), **BR** 2 o'clock **X** field, (not 11 o'clock) **SA**, wooden **KG**, **BR** 2 o'clock **X** field to **FC, X** stile, down steps, track **TR**, (golf course on L). **SA FSD. ROAD - CARE. TL** onto road, **X** stream. As road **BL, TR (StEW)** onto concrete road. Large house on **R**. **2 miles**.

## **Emergency Numbers:**

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Fork, keep **L**, (**SVP**) becomes track. **EP FSD**, church in distance, track junction **SA**, **THRU** metal gate, **SA EP** between houses. **ROADS – CARE TR, X** road into churchyard (**SVP**), **SA** church on **L**, **BR** onto tarmac, grass triangle **BL**, **X** road near Village Hall on **R**. Road T-junction **TR**, **X** road at Crown pub. **SA** onto grass verge, **BL** into **EP (SVP)** parallel to road. **TL THRU KG. 3 miles.**

**LHFE**, downhill, (ignore 1st **KG** to **L**) continue round **LHFE**, under overhead phone lines, **THRU KG**, **SA** through copse. Wooden **KG**, **SA X** field, wooden gate, **TR EP, KG, SA, EP**, track **TL**. Farm on **R**, track junction **TL**. **SA**, at junction **TL (SVP)**, **X** bridge, **SA** uphill. Track junction **TR** 3 o'clock (not **SA** towards house), **IMM L** behind hedge, **KG LHFE EP** through woods, **RHFE. 4 miles.**

Track junction **SA (SVP)**. **SA RHFE, ROAD-CARE, X** road **RHFE**. Track T-junction **TL**, thatched barn and house on **R**. **SA**, track junction, sharp **R**, 'Eastfields', **SA. 5 miles.**  
**SA FSD**, **L** hedge stops & Telegraph pole (**SVP**), track turns sharp **R**, **TL** grassed track, **SA EP FSD**, path opens out, path turns **R**, bench on **R**, then turns **L**, **SA FSD.**  
**ROAD-CARE.** Park Road, Thorrington Street. **6 miles.**

**1<sup>st</sup> Checkpoint** - [what3words.com/cookie.mistaken.sleeper](https://www.what3words.com/cookie.mistaken.sleeper)

**TL**, keep to **L** of road, **CARE, X** road into track (**SVP**). **SA FSD** track T-junction **TR, SA FSD**, grassy area, **RHFE (SVP)**. **X FB, BL, SA, X FB, SA**, (water works bldg on **R**) tarmac, **SA**, as road turns **R**, **TL THRU** metal gate, **SA. 7 miles.**

**SA X** field, **THRU** hedge gap, **SA X** field, onto Track. Approx 50m, **TL** into field, large oak tree on **R** (as track turns **R**). **LHFE, (SVP)** (keep off sand path, it's for horses). As

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LHFE bends R, TL at (SVP) THRU hedge, TR onto riverbank, SA. Fork, BL, keep river on L. THRU wooden gate (SVP), X field towards house. **8 miles.**

Do not go through gate with the marathon runners. Turn sharp R, SA across field.

THRU hedge, over concrete bridge, track TL. At wooden fence TR, FPS, X sand path.

SA, RHFE. Marathon runners may be joining here from the left. Rejoin (EW). SA EP,

FB, THRU gate, 12 o'clock, X field, THRU gate, FB, track TL. Road junction BR, SA.

**9 miles.**

SA, T-junction. ROAD CARE - X road, SA THRU hedge (FPS), X field, FB, SA, LHFE, SA X field. Down steps to L of tree, TL, IMM R (EW), before wooden gate. Plumb's Farm

**2nd Checkpoint** - [what3words.com/wider.darling.forklift](https://what3words.com/wider.darling.forklift)

TL, THRU hedge (EW), TR RHFE, (ignore new temporary fence on L). SA X field, THRU broken stile gateway, onto ROAD-CARE TL, SA. **10 miles.**

Grass triangle, Rivers Hall Farm. SA THRU hedge (EW), TR RHFE towards farm. Barn corner TR (EW), SA, pass small wooden 'Office' on L, ignore (EW WM) on L. SA, grassed area, TR behind large corrugated barn (keep barn on your R). SA rejoin (EW), through bushes onto track TL, downhill THRU (Rivers Hall Estate), SA FSD, ignore all turnings. Pass lake on L, SA uphill. ROAD-CARE TL. **11 miles**

SA, CARE - blind corners), SA pass thatched cottage and pink house on R. SA FSD.

Tall brick wall on L, when road bears L, (there is a water tap just inside the church gate), BR (EW & FPS) (keep Boxted church on L), between churchyard and cottages.

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Track/carpark **TL**, just before wall on L ends, **TR (EW FPS)**, **SA RHFE**. Track **TR**, **THRU** gate, tarmac, **BL**, farm buildings and houses on R. **ROAD-CARE, TR** (now left **EW**).

**12 miles.**

**SA** on Park Road **FSD**, cottages on L, downhill (house on R), road bends sharp L/R **SA**, pass entrance to long drive on L (FPS). As road **BL, TR (FPS)** it may have fallen and propped up. (If you get to Littlegarth School on L you've missed the path). **13 miles.**

**THRU** copse, **X FB, THRU** gate, **BL X** field, **THRU** gate, **FB**, copse, **FB, RHFE, SA** towards buildings. Large tree on R. **TR** 'Permissive Path' before metal gate not through it. **EP, TL** at race sign, **LHFE**, through gate, allotments on R, **SA** at gate, **TL THRU** hedge into village Hall field, finish, rest and that dragon medal!! **13.7 miles.**

Finish [what3words.com/expire.partly.maybe](https://what3words.com/expire.partly.maybe)

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